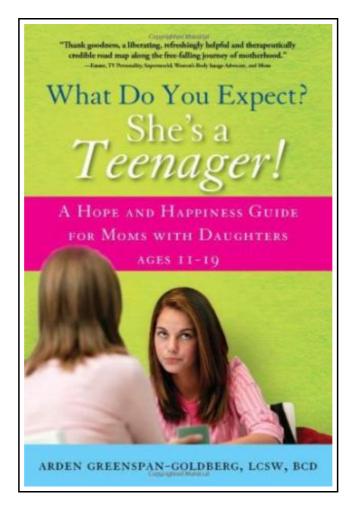
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Sourcebooks, Inc, United States, 2011. Paperback. Book Condition: New. 208 x 140 mm. Language: English. Brand New Book. If your little girl has suddenly turned into one big eye roll, then Arden Greenspan-Goldberg s What Do You Expect? She s a Teenager! is for you. It s the ultimate how-to guidebook that will not only teach you how to survive your daughter s teen years, but how to enjoy them along the way, too. -Jen Singer, author of You re a Good Mom (and Your Kids Aren t So Bad Either) In a straightforward, user friendly, and totally accessible way, What Do You Expect? She s a Teenager! overflows with the skills and techniques every mother needs for navigating the precarious yet thrilling road of raising a teenage daughter. Arden Greenspan-Goldberg covers every facet of your ride of a lifetime: sex, drugs, bullying, friends, and more. expertly steering you into realistic expectations that both prepare and equip you for your journey. -Dr. Jane Greer, marriage and family therapist, author, What About Me?: Stop Selfishness From Ruining Your Relationship, radio host, Huffington Post contributor Thank goodness, a liberating, refreshingly helpful and therapeutically credible road map along the free-falling journey of motherhood. We all win with less losing it around conflict. The personal stories definitely made me feel less alone and empowered to stay open! -Emme, TV personality, supermodel, women s body image advocate, and mom Bullying. Body Image. Drugs. Alcohol. Sex. Stress. You know your daughter has a lot to deal with. But short of being with her 24/7, how can you help? The ultimate preparation manual and survival guide for moms with tween or teen girls, What Do You Expect? She s a Teenager! is a portable problem-solver, a manual for surviving and thriving with your daughter. Written by...

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