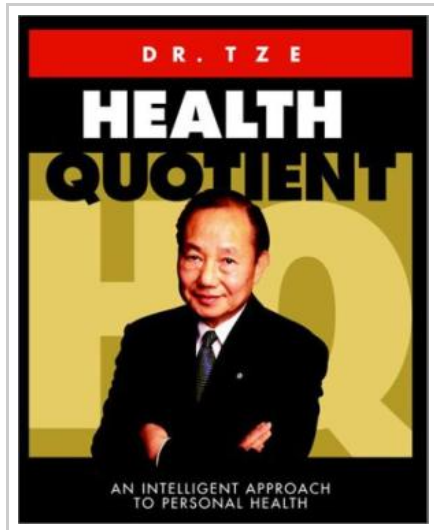




## H. Q. - Health Quotient - An Intelligent Approach to Personal Health

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By Tze , Wah Jun , Dr.

Random House Pub., Toronto, 2001. Soft Cover. Book Condition: New. Charts & Graphs (illustrator). First. 7 x 9 ". 2001 Softcover book . BRAND NEW from 2001 publisher . Never opened , Never owned . Please note, has a feltpen mark top edge . Nice & Clean & unused . 305 pages . illustrated with B&W charts and graphs . East meets West , as world-renowned Canadian pediatrician and health crusader Dr. Tze . revolutionizes our approach to health with HQ . You know your I.Q. - intelligence quotient . But what about H.Q. , or Health Quotient ? . Do you want to live longer, and be healthier ? . By providing a comprehensive, easy-to-understand plan to improve your Health Quotient . this book gives you the tools you need to take charge of your health . Once you've taken the questionnaire . and carefully considered your results . along with the information in the rest of this book . you will have the means to live a longer and healthier life . and . more importantly . the quality of your life will be much higher . whatever your age . whatever your medical condition . " H.Q....



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