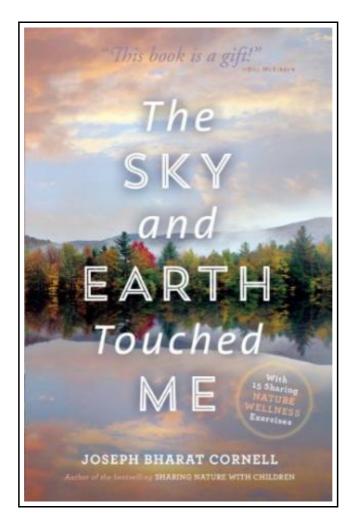
Sky and Earth Touched Me: Sharing Nature(R) Wellness Exercises (Paperback)



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Reviews

A really amazing pdf with perfect and lucid reasons. This really is for anyone who statte there was not a worth reading through. Your daily life span is going to be transform when you comprehensive looking at this book.

(Malachi Braun)

SKY AND EARTH TOUCHED ME: SHARING NATURE(R) WELLNESS EXERCISES (PAPERBACK)



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Crystal Clarity, U.S., United States, 2014. Paperback. Book Condition: New. 214 x 138 mm. Language: English. Brand New Book. Crystal Clarity Publishers is thrilled to announce the release of a new classic by the worldrenowned and highly regarded nature educator and author, Joseph Bharat Cornell. Cornell s classic bestseller, Sharing Nature with Children, sparked a worldwide revolution, connecting hundreds of thousands of educators and children with the renewing powers of Nature. Now The Sky and Earth Touched Me will work similar wonders with adult nature lovers. Grand Prize Winner for Non-Fiction, Next Generation Indie Book Awards Winner Science/Nature/Environment category, Indie Book Awards Gold Medal Winner for Best Environment/Ecology/Nature Book, IPPY Book Awards This book takes the Sharing Nature exercises to a much higher level. It encapsulates a Healing in Nature program that can be used by individuals and professionals such as educators, naturalists, health practitioners, and religious leaders. There is a tremendous power in these exercises. Those who practice them enthuse: I felt euphoria, and that I was one with everything. It made me feel like I was actually a part of the sand and ocean. I was moving with the waves. I found myself expanding farther and farther into nature. The exercise slowed down my observations. It sounded so simple, yet it was so strong. I knew that I belonged to the forest. I could feel the tree breathing, and enjoyed a sense of unity with it. Reading The Sky and Earth Touched Me expands the self, and nourishes the soul. These exercises can take people beyond themselves, beyond their daily problems, and bring them to a higher level of consciousness. Cornell is a master storyteller, with a gift for sensitizing others to the great outdoors. Readers are uplifted, and transported to lakes, canyons, and woodlands while reading his...

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